

New York



Cycle Club Inc.

JUNE 76

MONTHLY BULLETIN - JUNE 1976

PRESIDENT

Samuel Freedman
400 Central P'k W.
N.Y., N.Y. 10025
(212) 866-1514

VICE PRESIDENT

Robert Herzfelder
(212) Ac2-0853

TREASURER

Joe Messing
500 East 85th St.
N.Y., N.Y. 10028
(212) 288-9085

BULLETIN EDITOR

Les Bercow
75-12 170th St.
Flushing, N.Y. 11366
(212) 969-9571

RIDES CHAIRMAN

Ron Kahn
41-21 42nd St.
L.I.C., N.Y. 11104
(212) 786-4383

SECRETARY

Marie Caldiero

CIRCULATION MANAGER

Jerry Pellegrino
(212) 831-8146

MEMBERS-AT-LARGE

Al Goldberg
(201) 743-7045
Irv Weisman
(212) 562-7298
Don Baker
(212) 737-0718
Jim Rex

June Meeting

3rd Tuesday

June 15th

RINALDO'S

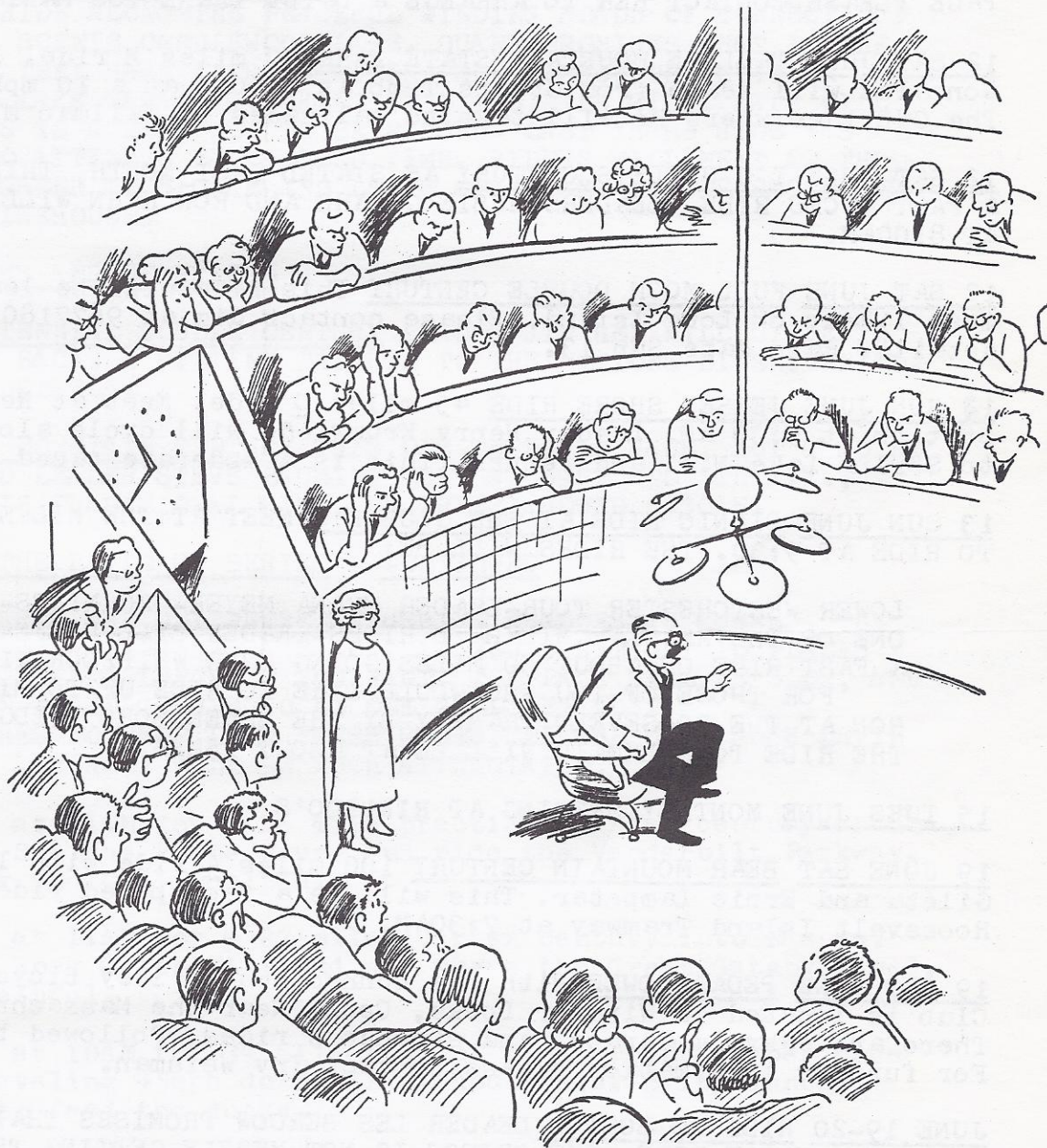
32 E. 32nd St.

1 Flight up

Gather at 6P.M.

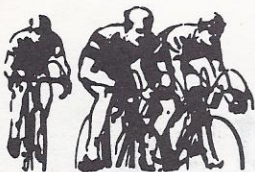
Dinner at 7P.M.

Meeting - 8P.M.



JUNE MEETING - LECTURE -

"EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT YOUR BICYCLE, BUT WERE AFRAID TO ASK. ---CONDUCTED BY JOE (DR. DAVID REUBEN) MESSING."



Rides For The Month



MAID MARIAN RIDES SO YOU DON'T KNOW THE WILLETS ROUTE AND WHEN YOU GET THERE ALL RIDERS TAKE OFF? NOW THERE ARE NO MORE EXCUSES! MARIAN ADIKES WILL RIDE IF WANTED. THOSE WHO WISH TO ENJOY L.I. AT AN ENJOYABLE PACE PLEASE CONTACT HER TO ARRANGE A DATE. THANK YOU MARIAN.

12 SAT JUNE TALLMAN MOUNTAIN STATE PARK 50 miles B ride. Leader Efraim Gonzalez will leave from Grants Tomb at 9:00AM at a 10 mph pace to The GW Bridge where he will take to palisades to Tallman MT.

12 SAT JUNE I U WILLETS CENTURY AS STATED LAST MONTH, THIS WILL BE A FAST PACED RIDE. LEADERS HUBIE GIRARD AND RON KAHN WILL LEAVE I U WILLETS AT 8:00AM.

12 SAT JUNE FULL MOON DOUBLE CENTURY This ride will be led by Jim Rex, most likely on Long Island. Please contact Jim at 9677180 for further details. Rain date Sun 13.

13 SUN JUNE JERSEY SHORE RIDE 45 miles C ride. Meet at Red Bank R.R. Station at 9:30 AM. Leader Henry Krumwiede will cycle along the shore to Spring Lake N.J. and return. This is a moderate paced ride.

13 SUN JUNE PICNIC RIDE AT THE GLUBOK'S MEET AT THE MILKMAID AT 9:00AM TO RIDE AT 9:30. THE RIDES WILL BE:

LCWER WESTCHESTER TOUR-LEADER MYRNA MEYER- 20 MILES-SLOW PACE
ONE OF THE REGULAR MILKMAID RIDES-LEADER BILL HOFFMAN-MODERATE PACE
A FAST RIDE OF ABOUT 50 MILES GOING OVER WHIPPOORWILL-LEADER RON KAHN
FOR THOSE OF YOU WHO WOULD LIKE TO RIDE UP TO MILKMAID, MEET
RON AT THE ROOSEVELT TRAMWAY BY THE QUEENSBORO BRIDGE AT 7:00AM.
THE RIDE TO MILKMAID WILL BE AT ABOUT 15MPH.

15 TUES JUNE MONTHLY MEETING AT RINALDO'S

19 JUNE SAT BEAR MOUNTAIN CENTURY 100 miles A ride with leaders Frank Gileta and Ernie Lampeter. This will be a fast paced ride. Meet at the Roosevelt Island Tramway at 7:30AM.

19 SAT JUNE PEDAL POWER With the Connecticut Valley Bicycle Club. The Club is located in Windsor Locks, Conn, Near the Massachusetts border. There are easy, moderate, and strenuous rides, followed by a picnic. For further information please contact Irv Weisman.

JUNE 19-20 RIDE TO BOSTON LEADER LES BERCOV PROMISES THAT THIS WILL BE AN ENJOYABLE RIDE. THE OBJECT IS NOT MERELY GETTING THERE, BUT TO HAVE FUN ALONG THE WAY. CONTACT LES FOR DETAILS.

26 SAT JUNE NEW JERSEY CENTURY 100 miles A ride. Leaders Frank Gileta and Ernie Lampeter will take the GW Bridge to NJ. where they will take a quick jaunt over all the roads that please them. There is no set route, but it promises to be a fast and demanding ride. Meet at the Roosevelt Island Tramway at 7:30AM.

27 Sun June NORTHERN NJ SUBURBIA with "Upright" Irv. 45 miles (and some hills) at 10-12 mph touring pace. Meet 9 AM at Central Park Boathouse, or 10 AM at G.W. Bridge (W 178 St. & Ft. Washington Ave.). Bring lunch and drink or buy it near the lunch stop. Return to G.W. Bridge by 4 PM.

27 JUNE SUN ALBANY RIDE A 150 mile A ride held jointly with AYH. LEADER STEVE BAUMAN reminds us that in order to participate you must sign up at a pre-ride meeting on June 24 at 7:00PM at AYH. You'll find out all details of the ride at this meeting. Return from Albany will be by Amtrak.

27 JUNE SUNDAY CANDLEWOOD LAKE RIDE LEADER DUANE THOMPSON. THIS WILL BE A 75 MILE B+ RIDE ALONG THE PEACEFUL WINDING ROADS OF CONNECTICUT CIRCUMNAVIGATING SCENIC CANDLEWOOD LAKE. DUANE PROMISES THAT IF THE RIDERS FIND THAT THEY HAVE EXTRA SNAP IN THEIR LEGS, THERE IS AN OPTIONAL LOOP TO LAKE WARAMAUG (MAKING IT A 100) MILE RIDE. MAPS WILL BE PROVIDED. THIS IS A RIDE NOT TO BE MISSED- LAST YEARS RIDE WAS GREAT AND ALL WHO ATTENDED HAD A GOOD TIME. RIDERS WILL MEET AT THE BEDFORD VILLAGE GREEN AT 8:00AM AND LEAVE AT 8:30AM. PLEASE PARK YOUR CAR BEHIND THE FIREHOUSE.

3,4,5 JULY SPOKES AND SPARKLERS

3 JULY SAT BICENTENNIAL DOUBLE CENTURY LEADER JIM REX WILL CYCLE TO PHILADELPHIA AND BACK. A FITTING TRIBUTE TO THE NATIONS BICENTENNIAL. CONTACT JIM FOR DETAILS.

11 JULY SUN BEAR MOUNTAIN CENTURY THIS ONE IS NOT A RACE, BUT A JOINT RIDE WITH AYH AND LEADER STEVE BAUMAN. MEET AT 59ST AND 5TH AVE., MANHATTAN FOR THIS TRADITIONAL RIDE. BE THERE AROUND 6:30AM.

THE BUILD UP SERIES---CONTINUED

ALL TRIPS LEAVE FROM THE UNISPHERE, FLUSHING MEADOWS IN QUEENS. THE LATE STARTS OF THE EARLY RIDES ARE SO THAT YOU DON'T GET TO PLACES BEFORE THEY OPEN. BRING LUNCH IF YOU WANT. THE PACE WILL BE SLOW, AND TRAVEL WILL BE IN TIGHT GROUPS SO NO ONE WILL GET LOST.

IF ANYONE WISHES TO HELP LEAD THESE RIDES, PLEASE CALL JOSH LEVIN AT 212-461-4906. ANY HELP WILL BE MUCH APPRECIATED.

13 JUNE SUN Meet at 11AM for a 25 mile practice quarter century around northern Queens. See the Bowne House and ride the Vanderbilt Parkway. Bring lunch. Lock and Chain helpful.

20 SUN JUNE Meet at 11AM for a 27 mile quarter century into Nassau. Visit the Saddle Rock Grist Mill and see where the Great Gatsby lived. Lock and Chain helpful.

27 SUN JUNE Meet at 10AM for 34 mile Tour of Sands Point. Experience the thrill of traveling 45mph downhill without skis. Bring lunch, and stale bread to feed the ducks.

MORE RIDES IN THIS SERIES WILL FOLLOW. MANHATTAN BOUND RESIDENTS- SNEAK ON THE TRAIN SO YOU CAN ATTEND THE RIDES. WE NEED PARTICIPATION, NOT COMPLAINTS. WE ALSO NEED A VOLUNTEER TO BE ASSISTANT RIDES CHAIRMAN. PREFERABLY AN INDIVIDUAL WHO FEELS THAT 50 MILES IS A TOUGH RIDE.
SEE YOU ON THE ROAD. RON KAHN

RIDERS WANTED "Clincher Cincher" Josh Levin has to go to Philadelphia next month, and would like to ride down. If anyone wishes to join him, please call 212-461-4906. The ride down will be Tues, July 13, returning Saturday, July 17. You could visit Washington in between.

REGULAR RIDES OF THE NEW YORK CYCLE CLUB

BEDFORD VILLAGE

SUNDAY

The ride leaves at 8:30 A.M. from May thru September, and at 9:15 A.M. October thru April. This is a 40 mile ride down the scenic roads of Upper Westchester. Meet at the Bedford Village green. Park your car in the free lot behind the firehouse.

HOW TO GET THERE

Take the Hutchinson Parkway to Interstate 684. Get off at Exit 4, (Mt. Kisco-Bedford Exit), then take Route 172 east, and then Route 22 north to Bedford Village.

BRIDGEHAMPTON

SUNDAY

A relatively flat and scenic ride through the pleasant roads of southeastern Long Island. Meet at 9:30 A.M. to ride at 10 A.M. Park your car at Grant's Shopping Center across the street from the Soporific Bike Shop. Approximately 50 miles.

HOW TO GET THERE

Take the Long Island Expressway to Riverhead. Take Route 24 into Route 27 east. Continue on to Bridgehampton.

CENTRAL PARK

Ride at 10 A.M. from the boathouse above 72nd Street. Many cyclists meet here, so ask for the New York Cycle Club members. (Or better yet, wear your jersey or T-shirt with the new NYCC logo.)

I.U. WILLETS'

SATURDAY

SUNDAY

The most popular ride here. Approximately 40 miles. Most of the ride is easy, yet there are a few challenging roads. Enough people from metropolitan area clubs congregate here so that the average cyclist will always have someone with whom to ride.

HOW TO GET THERE

Take the Long Island Expressway to Exit 39S. Go south on Glen Cove Road. Make a right to I.U. Willets Road. The school parking lot is on the left. Ride begins at 10AM

MILK MAID DINER

Probably one of the most scenic rides in the country.. Most of the rides are about 40 miles long. Since there are so many possible routes to traverse, the following schedule is suggested. The ride starts at 9 A.M.

SATURDAY

First Saturday -- Wampus Road 2nd Saturday--Banksville
Third Saturday -- Round the Reservoir
Fourth Saturday-- Rockwood Lake

Come out and find where these scenic rides lead to. Westchester is hilly, so be prepared.

HOW TO GET THERE

Take the New England Thruway to the Mamaroneck Ave. exit. Go north to the Milk Maid Diner. Park at the bank parking lot across the street.

For more challenging and varied rides, consult the Rides Schedule each month. The above rides are ideal for the beginner in that there is relatively little traffic, and many experienced riders are available for help.

RON KAHN
Rides Chairman

Art Kagan has volunteered to lead a different ride from the "Milkmaid" in Westchester each Saturday. The schedule will be:- Many members have expressed a preference for earlier meeting and departure times, therefore, the group will meet at 8:30 and leave at 9 SHARP.

There will be four (4) basic routes, and each will be done once a month to avoid the boredom of repeating the same route week after week.

The rides will be between 35 1/2 and 39 1/2 miles long, with terrain ranging from moderately hilly to hilly. Each ride is well within the capability of a well-conditioned B rider, and the pace will be a fast touring pace - i.e. 12 1/2 - 13 1/2 MPH.

There will be food stops available on all routes except one, however, they will be brief (i.e. not exceeding 15 minutes) to prevent "cooling off".

The routes are either entirely new or variations of old ones, and are unmarked; therefore it is urged that the members stay together in a closely knit, cohesive group until the end of the ride. Since it is difficult to constantly stop at each turning point, the group will not wait for stragglers or riders that miss a turn because of sprinting ahead.

For the purpose of nomenclature, the rides will be called:
1) Wampus Pond; 2) Banksville; 3) Round the Reservoir; and 4) Rockwood Lake, and will be held as follows:

First Saturday of each month.

1) Wampus Pond: approximately 37 1/2 miles of hilly terrain, and passing by Wampus Lake, N.Y. Food stop at Cider Mill in Armonk.

Second Saturday of each month.

2) Banksville: approximately 39 1/2 miles of moderately hilly terrain, and passing through Banksville, N.Y. Food stop at Banksville.

Third Saturday of each month.

3) Round the Reservoir: approximately 35 1/2 miles of hilly terrain, and passing around Kensico Reservoir and over Kensico Dam, N.Y. No food stop, therefore riders are advised to bring fruit or other snacks.

Fourth Saturday of each month.

4) Rockwood Lake: Approximately 37 1/2 miles of moderately hilly terrain, and passing over a causeway through Rockwood Lake, Conn. Food stop at Country Store at intersection of Round Hill Road and Old Mill Road.

ALL ABOARD THE WEISMAN WESTCHESTER SPECIAL

Something new recently happened in the New York Cycle Club; a happening unprecedented in its history and one which has outstanding possibilities for its future. On Sunday, May 23rd, at approximately 8:30 a.m., 22 men and women, the object of quiet attention for their "strangeness", i.e., black shorts, colored slacks, yellow and white helmets, variegated jerseys and jackets and a favored toy - the bicycle - gathered at Grand Central Station and boarded a train to Westchester. This happening did not just happen - it was the culmination of many hours in several months of negotiations, programming, meetings and correspondence between officers of ConRail and Irv Weisman, whose energies and efforts brought to fruition one of the Club's most efficiently organized and pleasurable activities.

Most of the 22 groupees had biked to Grand Central Station, Irv from Marble Hill in the Bronx, others from as far as Whitestone and Flushing; others had driven to Manhattan and parked their cars in the area. Several were not members, having read about the event in the AYH bulletin and in an article in the Daily News. Sam Freedman, Les Bercow, Harry Lack, Fred Doby, Joe Messing, Sam Leonard, Sandy Lewis, Don Baker, Marion Allenby, Pat Murphy, Bill Baumgarten, Lucille Smith, Steven Bauman, Efraim Gonzalez, Dan Smith, Hugh Rubin, Bill Kennedy, Roger Winiecki, Elaine Schuler, Dean Colson, Irv and I boarded a train to which had been ^{added} specifically for this function, a converted bar car. I had never taken my bike aboard a train, didn't know what to expect and had some apprehension about stacking it. I wondered about damage and also about the ability of this large a group to load and unload riders and bikes at two different stations within a tight train schedule. While Irv counted heads and distributed half-fare Sunday tickets, several members directed us to deposit our bikes in the long, narrow bar car and to quickly move into the passenger cars to make room for the next bike. With Steve, Les, Fred, Don, Harry and Bill moving quickly and ably to assist, all the bikes were tucked along a stand-up counter. By strapping one bike to another, with no more than 3 leaning against each other, most in pairs and several even having a private parking place, all our bikes stood safely and well-protected from any damage to vital parts.

Spirits were high in the several cars into which we had dispersed as we left the terminal. It seemed as though we had just begun to settle down and chat when 8 of the more experienced riders disembarked at No. Wh. Plains (unloading time - a record breaking 3 min.). There they were met by our inimitable leader, Bill Hoffman and by Norman Glubok, George Borgida and 3 or 4 other members who met the train to join the ride, which added to the mounting enthusiasm. The rest of us waved good-bye and continued on the train to Mt. Kisco, where we were delighted to be met by Helen Bashkin, Al Goldman, Egon Fantes, John Bernardo, Owen Astrachan, Arthur Spencer and Mel Sheilfler who had arrived by car or bike to join the group.

After Irv made minor adjustments to a half-dozen bikes, Al Goldman very generously offered to lead this group so Irv could keep the 20 riders together by bringing up the rear. Off we went for a ten mile jaunt from Mt. Kisco through Bedford Hills, looping through Katonah. As we pulled up to White Hall Corners at the start of the Croton Reservoir, I couldn't believe my eyes when our friends, who had just completed a 20 mile sprint from White Plains to Armonk, through Mt. Kisco and Bedford Hills, pulled up exactly at the moment we did. No, it wasn't

a miracle - it was very careful planning by Bill and Irv. We got off our bikes, approximately 35 of us, saying hello again, buzzing, laughing, and gathered at the Somers Tavern for lunch. Several chose to eat in the tavern, but most of us bought sandwiches and biked two miles to a lovely park with picnic tables where we all got lazy, luxuriating on the grass under the warm sun.

With 20 miles for the return to Wh. Plains, Irv took his group first, giving Bill's another fifteen minutes to enjoy the break. Both groups followed the same return route - south on Rt. 200, passing the limpid, blue Croton Reservoir on both sides, over the Pines Bridge with lilacs, lush shrubbery and pink dogwood sprawling all around. We looped inland over Seven Bridges Road with some puffing and panting up Hard Scrabble Road, then through Pleasantville and Thornwood. After leaving Hawthorne, we found ourselves on a road which went right through a beautiful cemetery with some impressive stone and marble sculpture and then finally a quick downhill run to the No. Wh. Plains Station.

Jon Blankley, Passenger Services Representative of ConRail, who had accompanied us on the train up, met us there as we gathered for the 3:30 train to which the bar car had also been added just for our bikes. Of course, we reached the platform at various intervals, with the more experienced riders arriving in ample time. There had been some concern about several less experienced riders' ability to catch the 3:30 train but with Bill Hoffman sacrificing the joy of his own speed to go back for 3 lovely gals so Irv could continue on to the train with his group, they got us to the train on time. There were a few harrowing moments as the train was momentarily expected when we realized that two riders had not arrived yet but when we saw them coming down the hill, our shouts from the platform only added to the merriment of the day. The creme de la creme was provided by Fred (Good Humour Man) Doby, who had arrived early, disappeared on foot, only to return with two dozen ice cream pops which were grabbed up in two seconds.

The mood of the group was ebullient on the return trip to New York. Not only were most of us feeling that wonderful sensation that can only be derived from straining the body to utmost performance on a self-controlled, sleek machine, outdoors on a golden day, with the breeze caressing skin, eyes drinking in exquisite colors of scenery ahead and around, smelling the good earth and greenery, hearing the enticing sounds of running water, birds and fleeting animals, with time for solitary thoughts while knowing others are nearby, but added to this trip was the jubilation of having experienced a new and unique adventure. The feelings expressed were as different as the participants - there was talk about the generosity of those men who readily pitched in to help load and unload, the leaders and riders who made sure no one was dropped, the opportunity for a large group of riders of all abilities to be able to spend time together on the train up and back and at lunch, the enjoyment in not having to drive a car back and the possibilities and interest in future such trips by train. Sure, there had been some minor inconveniences, but the conversation, mood and feelings were pervaded by that sense of sharing, comradery and good-fellowship that can only come from individuals who have done something they enjoy, together with other people they enjoy.

Thank you much Irv and Bill for all your hard work - I hope you plan another such excursion soon. If so, folks, treat yourself, it was a real joy!

Marie Caldiero

BIKE TRAIN



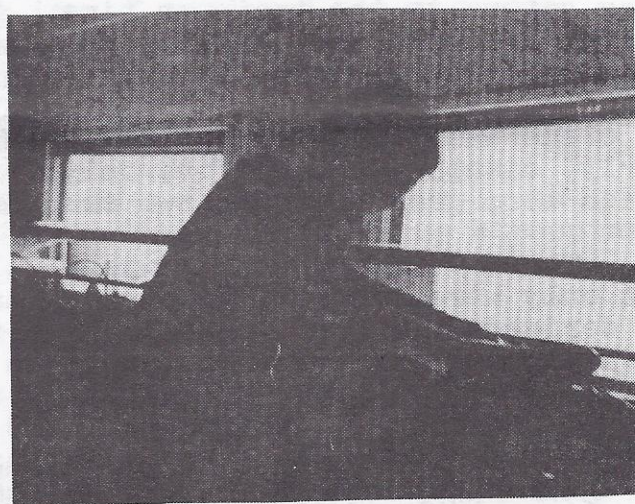
Here is part of the group being welcomed by several of the Westchester contingent.



The two groups meet for Lunch. Most of us picked up lunch here and went to a nearby picnic area.

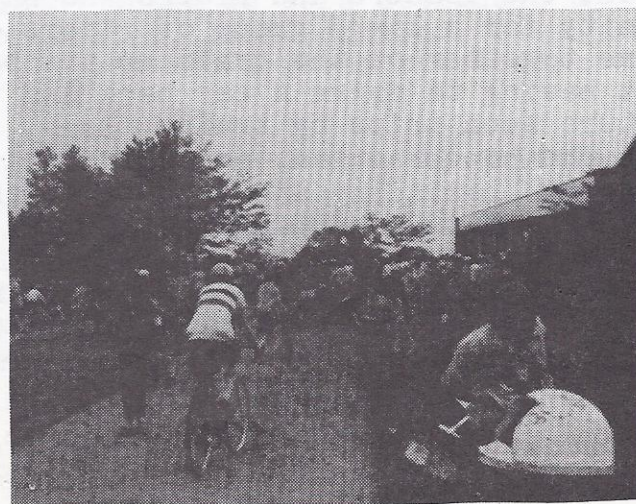


At the end of a beautiful day, back to the "Choo-Choo". By the expression on Marion's face, the ride must have been great.



Marie tucks her "Baby" in for the journey back to Fun City.

Had a little space and an extra picture. Here is part of the mob taking off on the Syracuse-Rome and back Century Ride at Gear '76.



When I started this column, I checked the definition of 'circus' in Webster's Third, New International Dictionary. I found it to be of some length. For simplicity then, let us simply regard it as 'a spectacle...as for entertainment', only there are times when its not funny.

For those of us who read BICYCLING! (cover to cover), the April 1976 issue is one of compelling interest.

Our Federal bureaucrats have done it again (see page 23). This time in the guise of the Federal Hazardous Substances Act issued by the Consumer Product Safety Commission (CPSC). Did you know that a bicycle is a hazardous substance? Well, it is, and this group has set up a lot of standards for bicycles. Rather than rehash, I recommend that you find a copy and read "Bike Law" by Darryl Skrabak. Then if you feel 'used', as I do, fire off a letter to your respective Congressperson or Senator (as I have) to give them the word. Such bureaucratic sabotage of the good and necessary consumer protection power of the Federal office, is an insult to responsible citizens. I warn you, its a long piece, but its OUR government. While we have the chance to act, let us do so. (Fortunately two others among our 200 millions have done so in the form of law suits. They should receive the "March of Quarters" award for distinguished public service. Legal action to redress wrongs is an expensive way to go. Still, in this case (as you will read), there was no other way. This writer extends his congratulations and sends a check.)

As for the local fun and games, I'm staggered to find that bicycles are not permitted on Port Authority airport roads. So, if you've an airline ticket and are riding to the departure gate, watch out for Smokey Bear. Its times like these that one ceases to criticize the ham-bike freaks of Central Park. Meanwhile, if the above is news to you, write to our friend, Mr. Caesar B. Pattarini, Director of Aviation, Port Authority of New York & New Jersey, 1 World Trade Center, New York, N.Y. 10048, and ask him how to get to the airplane? (Those of your with limousines and other servants, just keep quiet.)

I devote my last paragraph to New York State...God bless 'em! They're still so hung up on night riders up there in Albany. My goodness. Think of it, first reflectors then reflectorized tires and white lights and tinkle bells. How clever they are to protect the young with such thoughtful laws. More better they should reflectorize the cars and illuminate the motorists. Why must the suffering cyclist be singled out? Poor pedalcyclist.

D. R. Baker

BICYCLE CLUB REPRESENTATIVES MEET AT GEAR '76

As a result of the recent increase in bicycle legislation, some of which is damaging to our cycling interests, Bill Hoffman, Acting Chairman of the N.Y. State Council of Bicycle Clubs, called a meeting of N.Y. State bicycle club representatives who were present at GEAR '76.

The representatives agreed to the need for a more active role on the part of N.Y. bicyclists both to prevent the passage of adverse legislation, and to advise the legislative and executive branches of our state government as to the needs of touring cyclists. They voted to strengthen the operations of the Council.

This past year, cyclists' interests have been persuasively advocated in Albany by Don Birn, President of the Mohawk-Hudson Wheelmen, Inc., at the request of Bill Hoffman. For the future, Bill and Don, despite their own broad bicycle savvy, want to insure that the views of all bicycle club members are adequately considered in any representations made to government bodies. With the help of Carl Silverstein, President of The Catskill Wheelmen of Monticello, a procedure is being developed to solicit the views of member clubs on all bicycle legislation well before it becomes an emergency matter.

Bill Hoffman will be contacting all N.Y. State bicycle clubs to invite them to join the N.Y. State Council of Bicycle Clubs and to work cooperatively for our mutual interests. We, as individuals, will be called upon by the Council to advance our legitimate bicycling interests by writing to appropriate legislators from time to time. If we don't fight our own battles, we will find ourselves increasingly restricted by laws and regulations advanced by well-intentioned but improperly informed citizens and legislators.

Irv Weisman

FROM THE VEEP'S DESK

By the time you read this informative bit of blarney GEAR '76 will have passed into history; and we will be thinking about the next big week-end. This is the July 4th "Spokes and Sparklers" being hosted by the White Clay Bicycle Club of Newark, Delaware.

This gala event is to be held at the University of Delaware in Newark, Delaware from Friday, July 2nd through Monday, July 5th. You all should have received from our president, Sam Freedman a letter and an application form registering you for this event. If you have not received this form you may contact Sam at the address below. Fill out this form and send it with your check payable to "University of Delaware" to Sam as follows:

Mr. Samuel Freedman
400 Central Park West - Apt. 8-R
New York, NY 10025

The Long Island Bicycle Club is also attending this get-together; so let's get out and support the New York Cycle Club, and show our Long Island cousins, and the White Clay people what a good turn-out is.

If you have not already heard, our entertainment for the June meeting to be held at Rinaldo's on Tuesday, July 20 will be a talk by our new treasurer, Joe Messing entitled, "What You Always Wanted to Know About Bikes, But Were Afraid to Ask!" You have several weeks to summon up your courage and to think up some good questions to "Stump the Expert!"

Your club is still in the market for some good sales talent willing to auction off some worth while goodies. Auctions have always been a good source of entertainment for the club; and also is a good way to unload stuff you no longer have any use for. If you have this talent and the merchandise to go with it please step forward and show your face. Movies and slides also are welcome. Why not share them with your fellow members. Remember, this is your club. Let's all get into the act.

For Sale Or Trade

FOR SALE: A LIMITED NUMBER OF PAIR OF THE BRAND NEW MAVIC MODEL #E ALLOY RIM SPECIALLY DESIGNED FOR THE ELAN, IRC AND OTHER NARROW PROFILE WIRED-ON TIRES. VERY VERY STRONG, WEIGHT 410 GRAMS, 19.6 MM WIDE, 36 HOLE. MOSTLY 27" AVAILABLE BUT A FEW PAIR OF 700c (INTERCHANGEABLE W/ TUBULAR RIMS WITHOUT RESETTING BRAKE BLOCKS) 27" SHIPPED UNLESS 700c SPECIFICALLY ASKED FOR. ORDERS SHIPPED ON 1ST RECEIVED BASIS. INCLUDE SELF ADDRESSED, STAMPED RETURN ENVELOPE, CHECKS RETURNED WHEN SOLD OUT. MUST INCLUDE ZIP CODE. COST \$19.44 PER PAIR WHICH INCLUDES ALL FREIGHT AND SALES TAX AND SPECIAL SHIPPING CARTON. CHECK OR M/O PAYABLE TO ART BYERS 72 DAISY FARMS DR. NEW ROCHELLE, NY 10804

FOR SALE: Raleigh Pro, 23½", good condition, all "Campi" except for new wheels which are low flange Dura Ace. \$400. Call eves. Gary Rauch (212) 343-6002.

FOR SALE: New 23" Witcomb(USA) road frame, Red, w/headset, \$215, beautiful lugs, paint job. Also a used 23" Frejus road frame, Campy h/s and b/b, good training frame, \$60. Call eves. John Stahl (516)223-5007.

FOR SALE: Ladies 23" Atala 101 Pro with touring gears and upright bars. \$200. Call Helen Bashkin (212) 673-3596.

clinchers? Drivs? Saddle?



NOT
MORE
THAN 2
PAIR PER
ORDER, ---
PLEASE

NEWS AND VIEWS FROM ART BYERS (OPINIONS STRICTLY MY OWN)

THE SATURDAY MILKMAID RIDES HAVE BEEN ATTRACTING AS MANY AS 40 RIDERS-- THIS HAS TO BE SOME SORT OF RECORD FOR ANY BIKE CLUB FOR CONSISTANCY.. ALSO THE BEDFORD RIDES ON SUNDAY ARE VERY WELL ATTENDED. NOT ALL THOSE WHO SHOW UP ARE CLUB MEMBERS-- IT IS INCUMBENT ON THE MEMBERS TO TRY TO GET NEWCOMERS TO JOIN UP.. WESTCHESTER COUNTY HAS STARTED, ONCE AGAIN, TO CLOSE THE BRONX RIVER PARKWAY ON SUNDAY FROM HARNEY ROAD IN SCARSDALE TO THE COUNTY CENTER IN WHITE PLAINS, AND RESERVE IT SOLELY FOR BICYCLE USE FROM 10 AM TO 2 PM...COUNTLESS THOUSANDS OF MEN, WOMEN AND CHILDREN REGULARLY AVAIL THEMSELVES OF THIS OPPORTUNITY, AND YOU CAN SEE EVERY TYPE OF BIKE, TRICYCLE, ETC AND PERSONS OF ALL AGES JUST HAVING FUN. NEW ROCHELLE HAS EXPERIMENTED WITH CLOSING PINEBROOK BLVD TO AUTO TRAFFICE AND MAKING IT A BIKEWAY FOR A FEW HOURS ON SUNDAY ALSO, AND THORNEWOOD HAS DONE THE SAME WITH COLUMBUS AVENUE ON A FEW SUNDAYS ALSO... WITH AN ESTIMATED 10,000 RIDERS TAKING ADVANTAGE OF THESE SPECIAL BICYCLE EVENTS, PERHAPS LAW OR THE NYCC SHOULD HAVE LITERATURE TO PASS OUT ADVISING PEOPLE OF OUR VIEWS ON ADVERSE LEGESLATION, AVAILABLE BICYCLE CLUBS IN THE AREA, ETC.

A MONTH AGO A YOUNG MAN IN A GROUP SLIGHTLY AHEAD OF ME, ON A ROAD NOT TOO FAR FROM POUNDRIDGE RESERVATION, WAS INV OLVED IN AN ACCIDENT CAUSED BY A LARGE PLAYFUL DOG LOOSE ON THE ROAD..FRANKLY HE WAS A BLOODY MESS, STRIKING HIS HEAD ON THE ROAD AND NOT WEARING ANY SORT OF HELMET AT ALL. HE WAS MOST FORTUNATE TO ESCAPE WITH SOME STITCHES AND A HEADACHE FOR A FEW DAYS, HE JUST AS EASILY COULD HAVE BEEN KILLED. I REALIZE THAT I MAY BE SHOUTING INTO AN EMPTY RAIN BARRELL, BUT LET ME ONCE AGAIN ADD TO THE PLEA OF MANY MEMBERS TO THE MAJORITY WHO DO NOT YET WEAR HELMETS-- WAKE UP -- THE LIFE YOU SAVE WILL BE YOUR OWN.

LIKE MANY OTHER AVID TOURISTS, I HAVE GONE TO BAR-END SHIFTERS AND FIND THEM WONDERFUL.. THE FEELING OF SECURITY AND SFETY IN HAVING BOTH HANDS ON THE BARS WHILE SHIFTING ON ROUGH ROADS, FAST DOWN HILLS IN PREPARATION FOR AN UP HILL, APPROACHING TRAFFIC LIGHTS, ETC. IS SIMPLY DELIGHTFUL-- PLUS BEING ABLE TO DOUBLE SHIFT SIMULTANEOUSLY.. AND THEY WORK FINE. THREE GOOD BRANDS EASILY AVAILABLE ARE SHIMANO, SUN TOUR, AND OF COURSE, CAMPAGNOLO... LAST WEEK WHILE RIDING IN A PACE LINE OF 6 MEN, -- FOUR HAD BAR END SHIFTERS --, THE ONLY ONES WITH TROUBLE SHIFTING HAD REGULAR TYPE LEVERS.

AFTER FOUR YEARS OF RIDING WIRED-ON TIRES, LAST FALL I CHANGED TO SEW-UPS AND LOVE THEM-- OVER 1000 MILES WITHOUT A PUNCTURE (DUE TO TIRE SAVERS ????) RIDING ON BIRT ROADS, CAUGHT IN THE RAIN.. I FIND THEM MUCH MORE RESPONSIVE, DEFINITELY FASTER AND EASIER TO PUSH, AND SAVED SEVERAL POUNDS OF WEIGHT, THEY ARE EASIER TO CHANGE, ETC. AND I WONDER WHY I WAS SO STUBBORN FOR SO LONG AND WHY I REFUSED TO BELIEVE EXPERIENCED RIDERS WHO TOLD ME ALL THIS WOULD BE TRUE...

NO BODY ASKED ME, BUT I THINK THAT A WATER BOTTLE FILLED WITH GATORADE, ERG, BODY PUNCH ETC.-- ON A WARM DAYE TASTS LIKE THE VERY WORST SORT OF WITCHES BREW.. PHOOEYAND DOUBLE YICH.. PLAIN FRESH WATER AND PLENTY OF IT ON A HOT DAY IS MUCH BETTER-- REPLENISH YOUR LOST SALTS AND SUGARS VIA PROPER SNACKS AND REGULAR DIET.

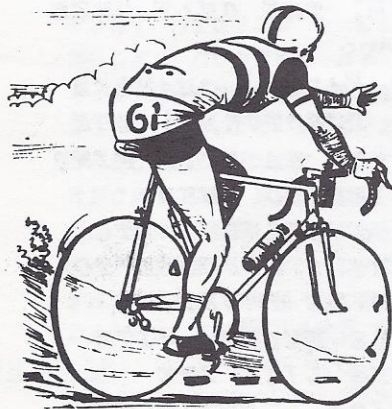
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